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MAPLE CHILI CRUNCH CHICKEN & RICE BOWLS

2 chicken breasts, sliced

1 Tbsp. olive oil

2 tsp. **Harvest Roasting Seasoning Blend**

2 Tbsp. **Maple Chili Crunch Seasoning**, divided

1 ½ cups rice (3 cups cooked)

2 cups vegetables, cooked (broccoli, green beans, peas)

Fresh parsley or green onions

Season Chicken with **Harvest Roasting Seasoning Blend** and 1 tablespoon of **Maple Chili Crunch Seasoning**. Over medium heat, heat oil in a skillet and add seasoned chicken breast. Cook until cooked through and internal temperature reaches 165°F. Cook rice according to package directions. Add vegetables to rice and divide equally between bowls. Finish generously with **Maple Chili Crunch Seasoning** and garnish with parsley.



- **Maple Chili Crunch Seasoning**
- **Harvest Roasting Seasoning Blend**